Instruction for patients,

Chlamydia and gonorrhea testing for a person with penis

- Keep urine in your bladder for at least one hour.

- When urinating collect the **first** 20-30 ml in a cup (approximately to the level of the bar shown in the picture).

- Transfer the urine to the sample tube using a plastic pipette.
  
  **NOTE!** Fill up to between the two black marked lines as shown in the picture.

- Screw on the lid properly and invert the tube 5 times.

- Leave the tube in the specified place.